

To: Participating Athletic Directors & Wrestling Coaches  
From: Joe Nelson, Athletic Director, Johnston High School  
Re: February 9 District Wrestling Meet

We look forward to welcoming you to the 2019 IHSA 3A District 6 Wrestling Tournament:

**February 9, 2019**

**Johnston High School Gymnasium**

6500 NW 100th St  
Johnston, IA 50131

**Participating Teams**

Carroll	Newton
Dowling Catholic, West Des Moines	North-Hoover, Des Moines
Johnston	Urbandale
Lincoln, Des Moines	Valley, West Des Moines

**Timeline**

8:30 Doors open for team arrivals (scales available for wrestlers to pre-weigh)  
10:00 Weigh-ins (two scales)  
10:30 Seeding meeting  
12:00 Competition begins

- Round 1: First-round matches (3 mats)
- Round 2: Semifinals & first round consolations (3 mats)
- BREAK (Note: IHSA requires a 20-30 minute break)
- Round 3: Championship finals and front-side consolations (2 mats)
- Round 4: Fifth-place matches (3 mats)
- Round 5: Consolation finals for determining true 2nd place, as needed (2-3 mats)

TBD Awards presentation

**Venue**

- 3 competition mats
- A warmup mat will be available for all participants
- Locker rooms: Each team will be assigned to one of two locker rooms. Cheerleading teams will share a locker room.
- Hospitality rooms will be available for coaches and for cheerleaders.

**Reminders**

- In the event of postponement on February 9 due to weather, IHSA has directed the alternate date will be February 11.

- Athletic directors: Please contact one of the Meet Contacts by February 7 if your team is entering any female wrestlers so appropriate accommodations will be ready.
- Admission (adults & students): \$6.00

**Meet Contacts**

Meet Supervisors: Joe Nelson, Athletic Director, 515.249.5955 cell  
Josh Tobey, Assistant Athletic Director, 515.401.8870 cell

Meet Director: Mike Koenigs, 630.853.5139 cell

Please call any of the above Meet Contacts with any questions.